

MAKE TIME FOR THE IMPORTANT STUFF

Father's Day 2008

Helpful books used in preparation of today's message: *"The 25 Best Time Management Tools & Techniques,"* by Pamela Dodd & Doug Sundheim, Peak Performance Press, Inc. *"Managing Time: Expert Solutions to Everyday Challenges,"* Harvard Business School Press.

Ephesians 5:15-16 – *"Live life with a due sense of responsibility, not as those who do not know the meaning of life but as those who do. Make the best use of your time..."* (Phillips)

Three Barriers to Time Management

- [1] Unclear Values
- [2] Unrealistic Expectations
- [3] Unsustained Energy

HOW TO DISCOVER WHAT'S REALLY IMPORTANT

1. LINE UP _____

Proverbs 17:24 – *"An intelligent person aims at wise action, but a fool starts off in many directions."* (Today's English)

Proverbs 12:11b – *"...it is stupid to waste time on useless projects."* (Today's English)

Proverbs 16:9 – *"You may make your plans, but God directs your actions."* (Today's English)

2. LIGHTEN UP _____

Proverbs 12:25a – *“A person's anxiety will weigh him down...”* (God's Word Translation)

Proverbs 14:30 – *“A relaxed attitude lengthens a man's life; jealousy rots it away.”* (Living)

Proverbs 17:22 – *“Being cheerful keeps you healthy. It is slow death to be gloomy all the time.”* (Today's English)

3. LOOK UP

Proverbs 10:27a – *“Reverence for God adds hours to each day...”* (Living)

1 Timothy 6:21 – *“Some of these people have missed the most important thing in life--they don't know God.”* (Living)

Psalm 90:12 – *“Teach us to number our days and recognize how few they are; help us to spend them as we should.”* (Living)